

Nutrition Informed Consent

Any recommendations/consultations with respect to nutritional health, diet, supplementation or detoxification is done exclusively for educational and information purposes and is for non-diagnostic purposes and general guidelines only. The determination to take or withdraw from any medical intervention resides within the legislative authority of physicians, nurses and nurse practitioners.

We support the distribution of current research and information relating to all topics and likewise encourage patients and clients to make informed health care decisions having researched and understood all balanced and accurate information to which those decisions pertain. In every case, please consult your medical physician regarding any changes you make to your medical regimen, as doing so without consultation or supervision by a qualified practitioner may be dangerous.

The advice is private, may contain Protected Health Information as defined by the Health Insurance Portability and Accounting Act of 1986 (as codified at 42 U.S.C. 1320d through d-8), and are intended only for the use of the individual(s) named above. If you are not the intended recipient of this e-mail, or the employee or agent responsible for delivering this to the intended recipient, you are hereby notified that any unauthorized use, disclosure, copying, distribution or the taking of any action in reliance on the contents of this information is strictly prohibited.

I authorize the Practitioner to perform a Muscle Testing and/or Body Composition Analysis test on me for the purpose of developing a program designed to improve my health and not for treatment or "cure" of any specific disease.

I understand that AK, NRT, SSA, MRT, MSAS and Body Composition are safe and noninvasive methods of analyzing the nutritional and physical needs of the body. Deficiencies in these areas may cause or contribute to various health problems. I understand that MRT, MSAS and Body Composition Analysis are not a method for diagnosis or treatment of any disease or other medical conditions, and that these are not being tested for or treated.

The results of the testing or any natural health, nutritional or dietary programs recommended are not guaranteed and no promises have been made regarding them. I understand that muscle testing is means by which the body's natural energy can be used as an aid to determine possible nutritional imbalances, so that safe, natural programs can be recommended for the purpose of bringing about a more optimal state of health.

I have READ and UNDERSTAND the foregoing and this permission form also applies to subsequent visits and consultations.

According to the Federal Food, Drug and Cosmetic Act, as amended, Section 201 (g) (1), the term "DRUG" is defined to mean: *"Articles intended for use in the Diagnosis, Cure, Mitigation, Treatment or Prevention of disease."*

A vitamin is not a drug, NEITHER is a Mineral, Trace Element, Amino Acid, Herb, or Homeopathic Remedy. Although, a Vitamin, a Mineral, Trace Element, Amino Acid, or Herb, may have an effect on any disease process or symptoms, this does not mean that it can be misrepresented, or be classified as a drug by anyone.

Therefore, please be advised that any suggested nutritional advice or dietary advice is not intended as any primary treatment and or therapy for any disease or particular bodily symptom. Nutritional counseling, vitamin recommendations, nutritional advice, and the adjunctive schedule of nutrition is provided solely to upgrade the quality of foods in the patient's diet in order to supply good nutrition supporting the physiological and bio-mechanical processes of the human body.

Nutritional advice and nutritional intake may also enhance the stabilization of the eight (8) chemical components of the VSC (Vertebral Subluxation Complex).

Date _____

Print
Name _____

Signed _____
(Signature of parent or guardian for a minor child)

Witness _____